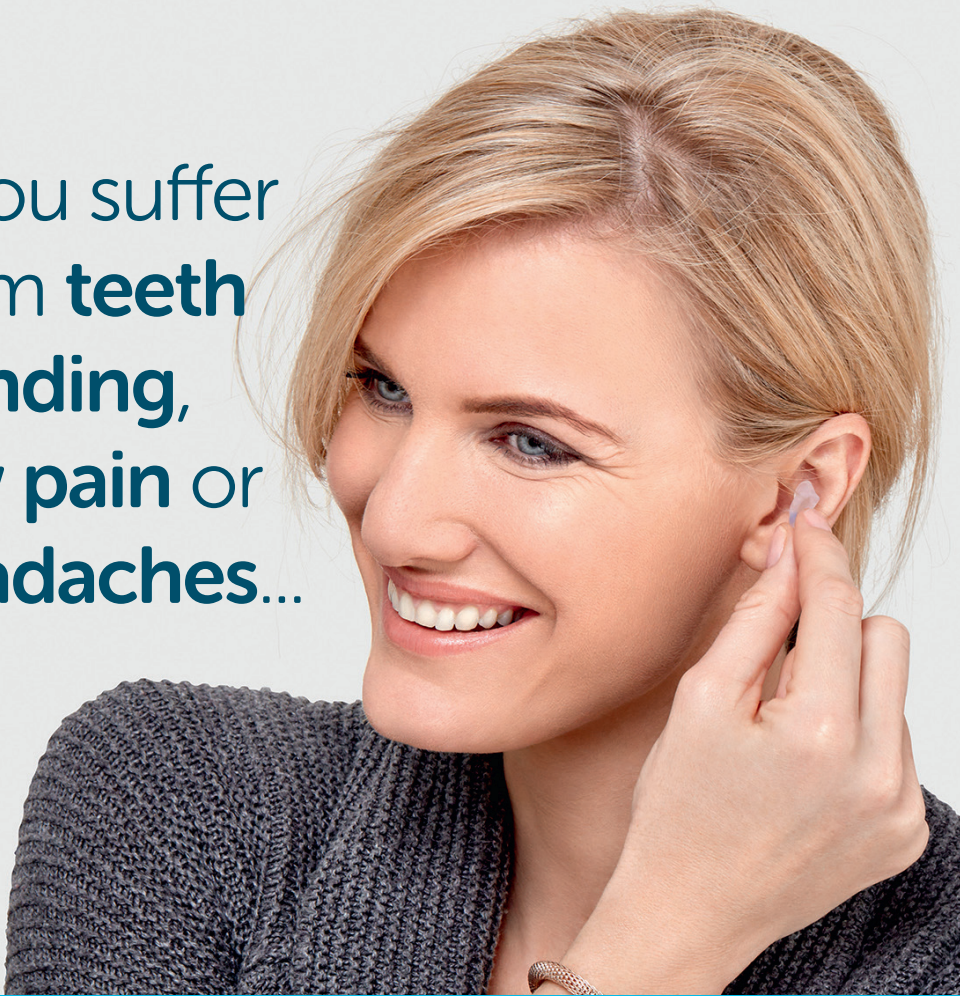


If you suffer
from **teeth
grinding,
jaw pain or
headaches...**



A new innovative treatment for TMD

Visit www.cerezen.co.uk or
FREE PHONE 0800 0488 446
for more information

{my}dentist™
helping the nation smile

cerezen™
comfortable relief



Innovation

Yes really. In your ears.



What is Cerezen™?

Cerezen is a revolutionary medical device that effectively treats jaw pain and symptoms associated with teeth grinding and clenching. These conditions are collectively known as Temporomandibular Disorders or TMD.

The two custom-made, 3D printed hollow inserts sit in each ear canal; the nearest access point to the temporomandibular joint. While the pain relief Cerezen provides is profound, the inserts themselves are discrete and almost invisible. With small tabs for easy insertion and removal, they're comfortable to wear because they're custom made only for you.

Ask your dentist today

or visit www.cerezen.co.uk for more information

Teeth grinding and jaw pain explained

Excessive teeth grinding or jaw clenching - also called bruxism - can damage the teeth and cause a number of different painful symptoms. Collectively, these are often referred to as temporomandibular joint disorder (TMD).

Symptoms of TMD include:

- Pain in the chewing muscles and/or jaw joint
- Radiating pain in the face, jaw or neck
- Jaw muscle pain or stiffness
- Aching pain in and around the ears
- Limited jaw movement or locking
- Painful jaw clicking, popping or grinding when opening or closing the mouth
- Headaches or migraines
- A change in the way the upper and lower teeth fit together



How Cerezen™ works

Avoid the daily grind

The science behind Cerezen™

When you move your jaw, your ear canal also opens and closes. As the ear canal is so close to the temporomandibular joint (TMJ), it is the perfect place to target the source of your symptoms.

When your customised Cerezen devices are inserted into the ear canal, they retain the shape of your ear canal in the open jaw position because they are made from a 3D printed rigid material. They effectively encourage the jaw to return to an 'open bite' position.

The result is a reduction in grinding, clenching and the amount of pain you experience.

Comparison with traditional treatments

Cerezen™

1. Can easily be worn during the night or during the day
2. No adverse effects on speech and hearing
3. Conservative treatment so no negative long-term effects

Bite Splint

1. Potential adverse effect on speech
2. Can't be worn when eating
3. Possible long-term damage to the jaw

3 easy steps to relief from TMD

1

Talk to your dentist
about your symptoms and whether
Cerezen is right for you.

2

Get impressions of your ear
canals from either your healthcare
provider or an audiologist.

3

Receive 3D printed, custom-made devices
after approximately two weeks. Your
healthcare provider will show you how
comfortable and easy they are to wear.

"Life before
Cerezen™
was painful."

Emily, Cerezen patient



"Because such a
large proportion of
the population suffer
from TMD it's very
encouraging that there
are new innovations
and new developments
within this particular
field of medicine."

Dr. Joanna Christou,
MBBS Lond BDS (Hons)
Lond MJDF RCS



"Cerezen™ is the best money I've ever spent"

Scott, Cerezen patient
treated for tension headaches
and jaw pain associated symptoms





"Thankfully Cerezen has now come out and has changed my life. My teeth are very grateful to Cerezen. You wouldn't even know it's there."

Alex, Cerezen patient
Treated for teeth grinding and clenching



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comfortable relief

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